

Amendments to the Specification:

The paragraph starting at page 1, line 9, is amended and now reads as follows:

-- A spring element for vehicle suspensions is disclosed in the United States Patents 4,781,365 and 4,690,388. The essential features of this spring element are described in the first paragraphs of the disclosure respective disclosures. --

The paragraph starting at page 1, line 20, is amended and now reads as follows:

-- The spring element known from the above-mentioned state of the art is to be improved in such a manner that, during the introduction of vertical and horizontal forces, the wear of the rubber is reduced and [[a]] an easy horizontal sliding is made possible. --